

Foreign body airway obstruction

1

Is able to breathe, cough or speak



Encourage the victim to cough, check breathing

2

Conscious but unable to breathe, cough or speak

INFANTS 0-1 YEAR



Give 5 back blows



Give 5 chest thrusts

Continue back blows and chest thrusts as long as the infant is conscious or until normal breathing. Check for foreign body only when an obstruction can clearly be seen in the mouth.

CHILDREN 1-18 YEAR/ADULTS



Give 5 back blows



Give 5 abdominal thrusts

Continue back blows and abdominal thrusts as long as the person is conscious or until normal breathing.

3

Unresponsive, not breathing

Call 112, start CPR

CHILDREN

Give 5 rescue breaths followed by CPR, alternating 15 chest compressions and 2 breaths. Check for foreign body only when an obstruction can clearly be seen in the mouth.



ADULTS

Start CPR, alternating 30 chest compressions, 2 breaths. Check for foreign body only when an obstruction can clearly be seen in the mouth.

Stay in touch with the dispatcher until ambulance personnel take over. Continue CPR until the person is breathing normally or ambulance personnel take over.