

# SATURDAY 10 MARCH

Time		Location
08:00	Exhibition and registration open	
09:30-11:00	<b>Opening Ceremony and Keynote</b> First aid through history, past, present and future <i>Anthony Handley (GB)</i> <i>The opening ceremony and keynote is presented by Physio-Control, now part of Stryker</i>	Congress Hall
11:00-11:30	Coffee break in the Exhibition Area	
11:30-12:30	<b>First Aid Track – Session 1</b> The importance of bystander interventions in cardiac arrest and the role of instructors <i>Freddy Lippert (DK)</i> Guideline development – more than evidence alone <i>Emmy De Buck (B)</i>	Congress Hall
11:30-12:30	<b>Didactics Track – Session 1</b> 4MAT – the brain and learning <i>“Learning is no spectator sport – you have to get down and get dirty!”</i> Course participants do not learn only by listening to the instructor. They must continuously test and challenge the knowledge they build up in the learning room: reflect, discuss, try it out – be active that is. <i>Hanne Houbak (DK) and Ole Lauridsen (DK)</i>	Vandsalen
11:30-12:30	<b>Workshop</b> Anatomy Session In this workshop, participants work with trachea, lungs and hearts from pigs to get a better understanding of the airway and the circuitry · <i>Terje Lillegård (N)</i> <i>Please note that there is maximum participation of 24 persons at this workshop. Registration is required and there is a participation fee of 20 EUR. Sign up at the Registration Desk.</i>	Columbine
12:30-14:00	Lunch in the Exhibition Area	
14:00-15:00	<b>Keynote</b> Mass Casualty Incidents: The role of the first aider – and how do we prepare them? · <i>Timothy Hodgetts (GB)</i>	Congress Hall
15:00-15:45	Coffee break in the Exhibition Area	
15:45-16:45	<b>First Aid Track – Session 2</b> Major bleeding and penetrating traumas · <i>Timothy Hodgetts (GB)</i> First aid and the community · <i>Pascal Cassan (F)</i>	Congress Hall

Time		Location
15:45-16:45	<b>Didactics Track – Session 2</b> Effective teaching: Importance of learning climate and goals. <i>Robert Greif (CH)</i> Learning through feed-back · <i>Peter Sjøstedt (DK)</i>	Vandsalen
15:45-16:45	<b>Workshop</b> 4MAT hands on <i>“... now we will get down and get dirty.”</i> During this workshop we will go deeper into the 4MAT model and work hands on with first aid topics. Many instructors struggle with the so important motivation and and WHY and sometimes even also forget to help the participants to adapt the new knowledge. We will work practically on the eight 4MAT octants and discover how powerful you can design learning with motivation and high impact · <i>Hanne Houbak (DK)</i>	Columbine
15:45-16:45	<b>Workshop</b> CPR Masterclass The CPR Masterclass is an opportunity to discuss, demonstrate and comment on the finer details of a BLS sequence from assessment of the victim, performing CPR and applying an AED in an attempt to achieve the “perfect performance”. <i>Anthony Handley (GB)</i> <i>Please note that there is maximum participation of 12 persons at this workshop. Registration is required - sign up at the Registration Desk.</i>	Harlekin
16:45-17:00	<b>Highlights of the day in the Congress Hall</b>	

# SUNDAY 11 MARCH

Time	Location
08:00	Exhibition and registration open
08:00-08:45	<b>Nordic First Aid International CPR Competition</b> CPR competition for first aid instructors Come and cheer as different teams of first aid instructors compete to win the first ever Nordic First Aid International CPR competition. <i>The Nordic First Aid International CPR competition is organised by Nordic First Aid and sponsored by Laerdal Medical.</i>
08:45-09:00	<b>Coffee break in the Exhibition Area</b>
09:00-10:00	<b>Keynote</b> First Aiders: An increasing role in society's resilience towards disasters and attacks · <i>Sven Trautner (DK)</i>
10:00-10:30	<b>Coffee break in the Exhibition Area</b>
10:30-12:00	<b>First Aid Track – Session 3</b> Section 9 of the ERC guidelines – the first aid chapter <i>Pascal Cassan (F)</i> Teaching the society to talk with a dispatcher in cardiac arrest situations <i>Tonje Søråas Birkenes (N)</i> Modern cars safety equipment and traffic accidents · <i>Kim Ankersten (N)</i>
10:30-12:00	<b>Didactics Track – Session 3</b> Engaging those that are hard to reach · <i>Robert Greif (CH)</i> Use of virtual reality in paediatric emergency courses for lay persons <i>Camilla Birgitte Sørensen (DK)</i> E-learning in first aid education · <i>Pascal Cassan (F)</i>
10:30-12:00	<b>Workshop</b> CPR Masterclass The CPR Masterclass is an opportunity to discuss, demonstrate and comment on the finer details of a BLS sequence from assessment of the victim, performing CPR and applying an AED in an attempt to achieve the “perfect performance” · <i>Anthony Handley (GB)</i> <i>Please note that there is maximum participation of 12 persons at this workshop. Registration is required - sign up at the Registration Desk.</i>
10:30-12:00	<b>Breakout Session</b> How can you simulate in the first aid education? In this session, instructors will be shown how realistic scenarios can be made and what realism means for the participants' benefit from the first aid course · <i>Sef Hendrickx (NL)</i> <i>The breakout session is presented by Optisafe.</i>
12:00-13:30	<b>Lunch in the Exhibition Area</b>

Time	Location
13:30-14:30	<b>First Aid Track – Session 4</b> Accidental hypothermia · <i>Erik Dietrichs (N)</i> CPR and resuscitation in special circumstances <i>Anthony Handley (GB)</i>
13:30-14:30	<b>Didactics Track – Session 4</b> Blended learning – a pragmatic approach to everyday learning and retention · <i>Mads Høj Jensen (DK)</i> Evaluation through measurement of learning – how do we find out whether our courses work? · <i>Jakob Wandall (DK)</i>
13:30-14:30	<b>Workshop</b> Telephone assisted CPR – making training relevant The goal of this workshop is to help the instructors to make first aid training more relevant to reality. Through audio logs and examples from reality, understand that T-COR is for everyone and well-supported by scientific publications. Focus will be on practical exercises in T-CPR, understanding the importance of quality on CPR and how this can be measured objectively and used in feedback. <i>Tonje Søråas Birkenes (N) and Helge Myklebust (N)</i> <i>Please note that there is maximum participation of 12 persons at this workshop. Registration is required - sign up at the Registration Desk.</i>
13:30-14:30	<b>Workshop</b> Virtual Reality in pediatric first aid training We have established that first aid education works. If we want to ensure the continued interest of laymen, we need to discuss the possibilities of evolving our education into more realistic and life like scenarios. Participants will see our 3 VR movies and be introduced to the practical hands-on training that usually follows the movies on the course · <i>Camilla Birgitte Sørensen (DK)</i> <i>Please note that there is maximum participation of 12 persons at this workshop. Registration is required - sign up at the Registration Desk.</i>
14:30-15:15	<b>Coffee break in the Exhibition Area</b>
15:15-16:15	<b>First Aid Track – Session 5</b> Stroke – what every first aid instructor should know! <i>Louise Christensen (DK)</i>
15:15-16:15	<b>Didactics Track – Session 5</b> Gamification in first aid education · <i>David Frahm-Falkenberg (DK)</i> Simulation in first aid education · <i>Sef Hendrickx (NL)</i>
15:15-16:15	<b>Breakout Session</b> First aid materials for school children The Belgian Red Cross will present their newly developed material for teaching children first aid as well as material developed for use in Africa. <i>Emmy De Buck (B)</i>
16:15-16:45	<b>Highlights of the day and Closing Ceremony in the Congress Hall</b>