

# Foreign body airway obstruction

**Is able to speak, cough and breathe**



**Instruct victim to cough, check breathing**

**Conscious, unable to speak, cough or breathe**

**INFANT 0-1 YEAR**



**5 back blows**



**5 chest thrusts**



**Look in the mouth**

Continue alternating back blows and chest thrusts as long as the infant is conscious or until normal breathing. Call 112 after 1 minute.

**CHILDREN OVER ONE YEAR/ADULTS**



**5 back blows**



**5 abdominal thrusts**

Continue alternating back blows and abdominal thrusts as long as the person is conscious or until normal breathing.

**Unresponsive, not breathing normally**

**Call 112, start CPR**

**CHILDREN**

Give 5 rescue breaths followed by CPR, 30 chest compressions and 2 breaths (health care professionals CPR 15:2) Look for foreign body in the mouth before new breaths.



**ADULT**

Give CPR, 30 chest compressions, 2 rescue breaths. Look for foreign body in the mouth before new breaths.

Continue CPR until ambulance arrive or the person is breathing normally.