

Pediatric basic life support

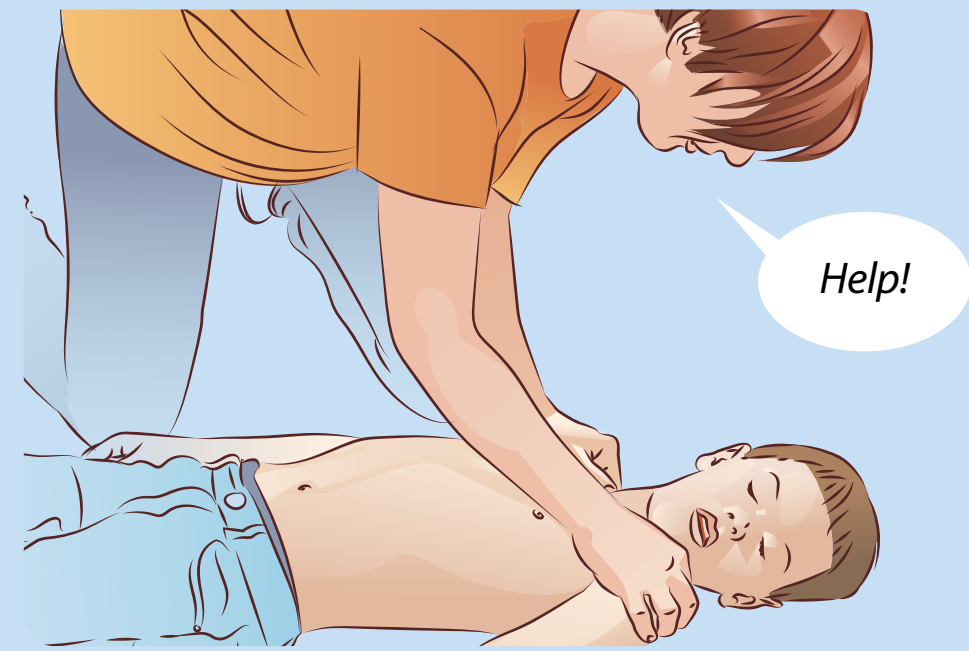
INFANT 0-1 YEAR

1

Unresponsive?

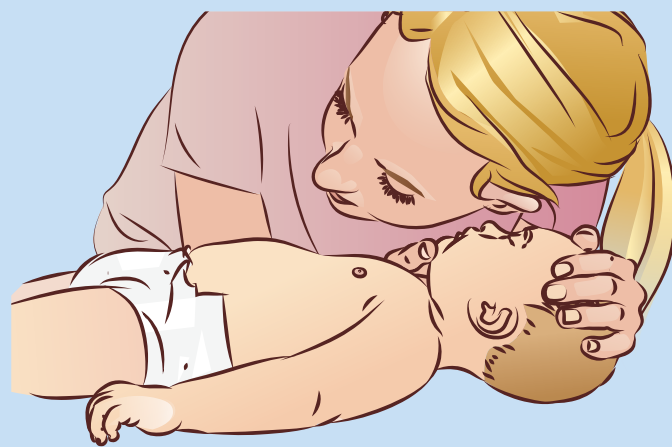


CHILD 1-18 YEAR



2

Open airway
**Absent or
abnormal breathing?**



3

Unresponsive and abnormal breathing
Give 5 rescue breaths
Blow until the chest visibly rises



4

Call 112

Activate the speaker function

5

Start CPR

15 chest compressions, 2 rescue breaths

Stay in touch with
the dispatcher until
ambulance personnel
take over.

*I will assist you
perform CPR*



Depress the lower half of the sternum, 4-6 cm depending on age. Rate: 100-120/min.

If an AED is accessible switch it on and follow instructions

Continue CPR 15:2 until the person wakes up or the ambulance personnel take over.

ADULT BASIC LIFE SUPPORT

Adult guidelines can be used for anyone who appears to be an adult. When adults suffer a cardiac arrest it is usually caused by life-threatening heart rhythm disorders. Call 112. Start CPR, 30 chest compressions and 2 rescue breaths, 30:2. If AED is accessible, switch it on and follow instructions.